

Routes for All

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Routes for All

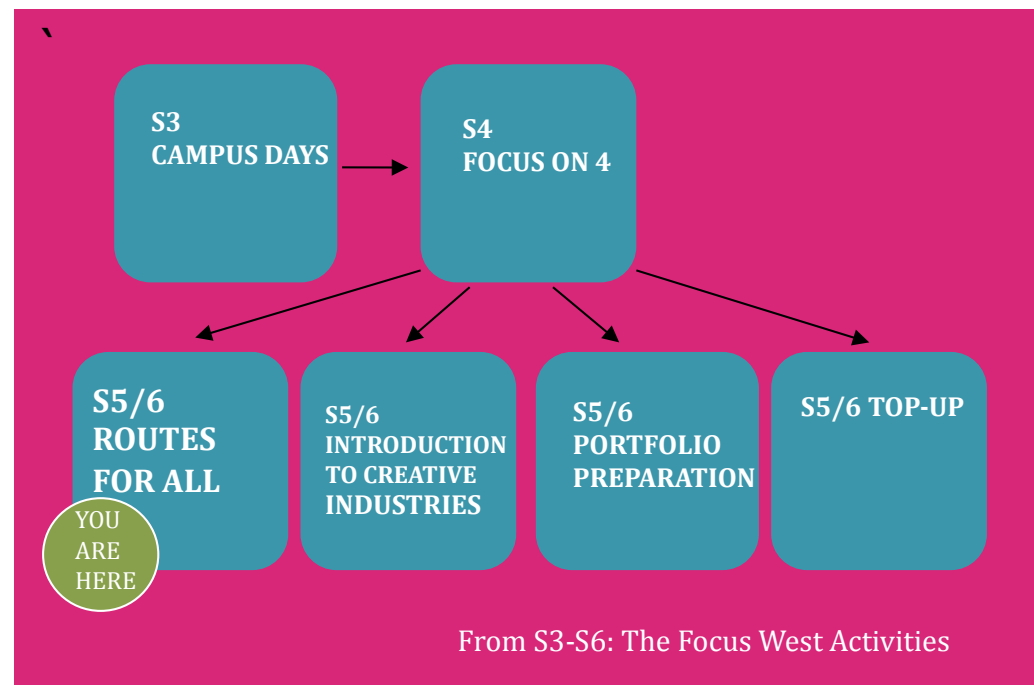


Routes for All

- ❑ The **Routes for All** programme is tailored to support S5 and S6 pupils who are thinking about applying for further and higher education courses.
- ❑ We deliver workshop style sessions in school throughout S5 and S6.
- ❑ Criteria for selection of pupils to participate in **Routes for All**
 - Pupils who should finish S6 with 1 - 2 Highers,
 - Who may be in need of the extra drive to help them fulfil their potential to progress to college and then possibly university after school.
- ❑ All of the workshop sessions are run by staff and student mentors from one of the Higher Education Institutions involved in the programme.
- ❑ Staff and students help by providing advice on courses, routes into different careers and information on education in general. They answer any questions pupils may have about college, further study or other options the pupils are considering.

West Forum schools' programme

- ❑ **Routes for All** is an element of FOCUS-West, the West of Scotland Wider Access Forum (West Forum) schools' programme.
- ❑ Joint collaboration between the six universities and twenty one partner colleges within the West Forum.
- ❑ FOCUS West works to raise aspirations of pupils in selected schools in the West of Scotland.
- ❑ **Routes for All** element is organised through a partnership between Glasgow Caledonian University and the University of the West of Scotland.



FOCUS West schools 2009/10

Routes for All delivered by Glasgow Caledonian University

All Saints' Secondary

Drumchapel High

Lochend Community High

Springburn Academy

St Mungo's Academy

Whitehill Secondary

Castlemilk High

Eastbank Academy

Shawlands Academy

St Andrew's Secondary

St Paul's High

Cleveden High

John Paul Academy

Smithycroft Secondary

St Margaret Mary's Sec

St Roch's Secondary

Routes for All delivered by University of the West of Scotland

Auchenharvie Academy

Calderhead High

Clyde Valley High

Hillpark Secondary

Rosshall Academy

Bellahouston Academy

Cathkin High

Doon Academy

Inverclyde Academy

Bellshill Academy

Clydebank High

Govan High

Maxwelltown High

Routes for All Aims & programme content

- Aim 1 - *To increase students' confidence in themselves and their skills and abilities to succeed.*
- Aim 2 - *To encourage pupils to look beyond their immediate future.*
- Aim 3 - *To raise levels of achievement.*
- Aim 4 - *To give pupils who are unsure of their next steps the tools to make an informed decision about where they are going next.*
- Aim 5 - *Allow pupils access to current undergraduate and college students.*
- Aim 6 - *Allow pupils access to college and university staff.*

Where possible the S5 and S6 programmes will run in consecutive blocks and the content for each is:

Routes for All – S5

- Routes for All?
- Routes for Me
- The College Route
- Routes to Learning
- The Student Experience
- Prepare to Pass
- Present Yourself

College Visit

Routes for All – S6

- S6, What now?
- Your Career Choices
- Analyse Me
- A Personal Statement
- Apply Yourself
- Prepare to Impress
- Your Interview

Residential

Work Cycle!

- **July to September**
 - Review & Develop programme and print resources.
- **October** – Interview & Train new mentors
- **October/November to December** – Delivery of S5 programme
- **January to March** – Delivery of S6 Programme
- **April** – S6 Residential
- **May / June** – S5 college visits

Routes for All

S5 Programme

Routes for All – S5

- Routes for All?
- Routes for Me
- The College Route
- Routes to Learning
- The Student Experience
- Prepare to Pass
- Present Yourself

College Visit



Routes for All? – Learn Japanese

How many of you can count to 10 in Japanese?

English	Japanese	Sound	Action
One	ichni	itchy	Scratch your
Two	ni	knee	knee
Three	san	sun	Point to sky
Four	shi	she	Point to female
Five	go	go	Walk
Six	rocko	rocko	Rock and roll
Seven	shishi	chi-chi	Double sneeze
Eight	hachi	hat-chi	Hat and sneeze
Nine	kyu	coo	Coo like bird
Ten	ju	ju	Chew

□ (Source: Adapted from "The Learning Revolution" by Gordon Dryden and Dr Jeannette Vos)

Routes for Me & The College Route

Routes for Me

- The goal setting session will help the pupils begin to address how to plan for their future and formulate an action plan.
- **Activity 1** – Write down short, medium and long term goals.
- **Activity 2** – As a group plan a holiday and steps to college.
- **Activity 3** – Choose some goals and write evaluate an action plan on how to achieve them.

The College Route

- Delivered by representative from colleges where possible
- Topics covered
 - College qualifications
 - Entry requirements
 - Subject areas
 - Facilities
 - Applications & Interviews
 - Finance

Routes to Learning & The Student Route

Routes to Learning

- Determine learning style & discuss
- Fun activities to demonstrate each learning style

The Student Routes

- 5 minute presentations by students who have been working with pupils over past 4 weeks.
- Q & A session to finish

Prepare to Pass & Present Yourself

Prepare to Pass

- **Activity** – Mock Exam

- Discuss what you can do to help your chances of success.
 - Months Before the Exam
 - The Night Before the Exam
 - The Day of your Exam
 - During the Exam
 - Dealing with Exam Stress
 - After the Exam

Present Yourself

- **Activity** – Spend 15 minutes preparing in your group a 2-3 minute presentation on a topic allocated to you.
 - Learning Styles
 - Exam preparation
 - College
 - Goal Setting & Action plans

Routes for All

S6 Programme

Routes for All – S6

- S6, What now?
- Your Career Choices
- Analyse Me
- A Personal Statement
- Apply Yourself
- Prepare to Impress
- Your Interview

Residential

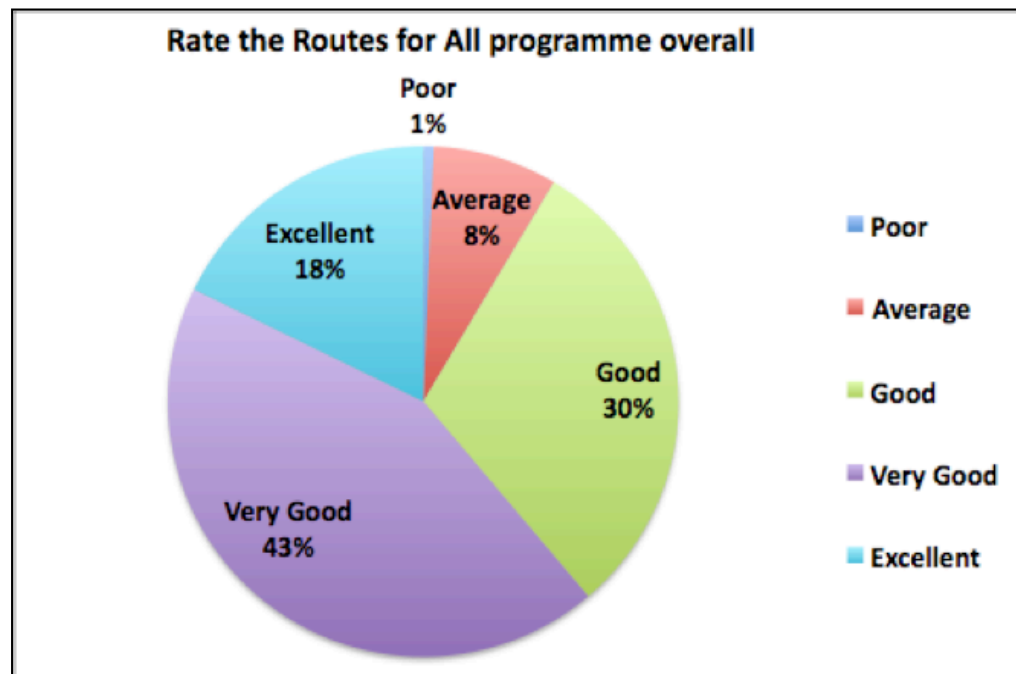


S6 Routes for All

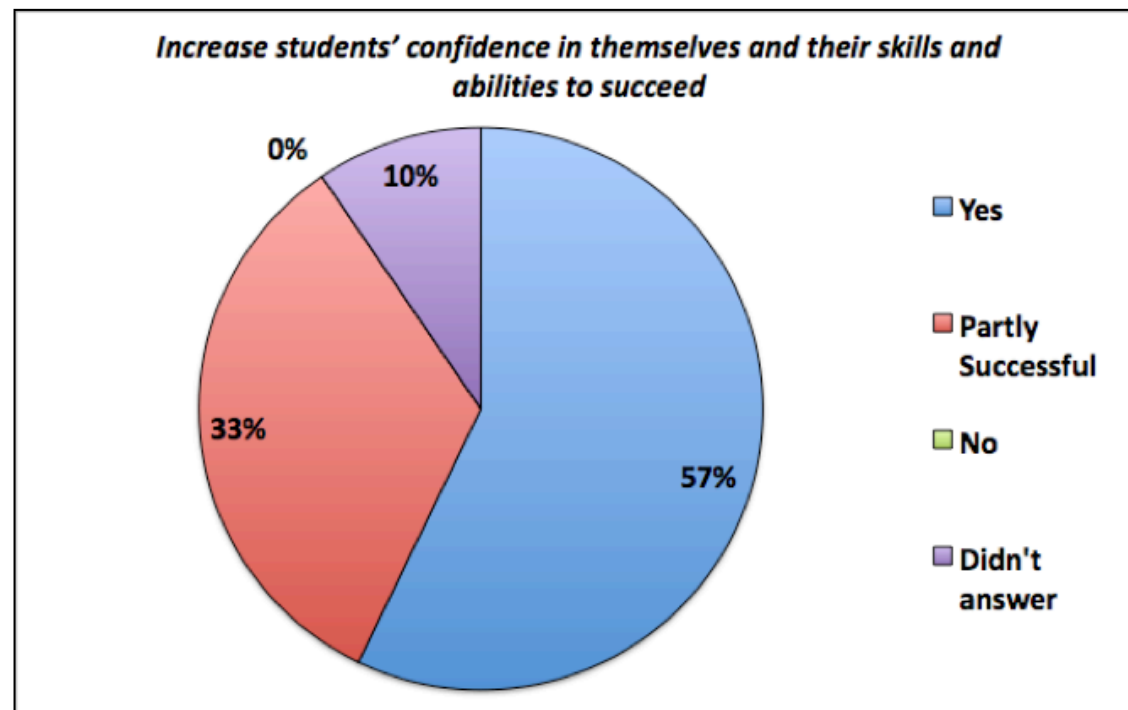
- S6 Routes for All is designed to prepare pupils for college.
- During the 7 week programme they will create a portfolio which will help them to apply to college.
- **Registration and Action Plan**
- **Careers and Employer Research**
- **Skills and Self Analysis**
- **Personal Statement**
- **Applications Advice and College Application Form**
- **Mock Interview Preparation**
- **Mock Interviews**

2008/09 evaluation

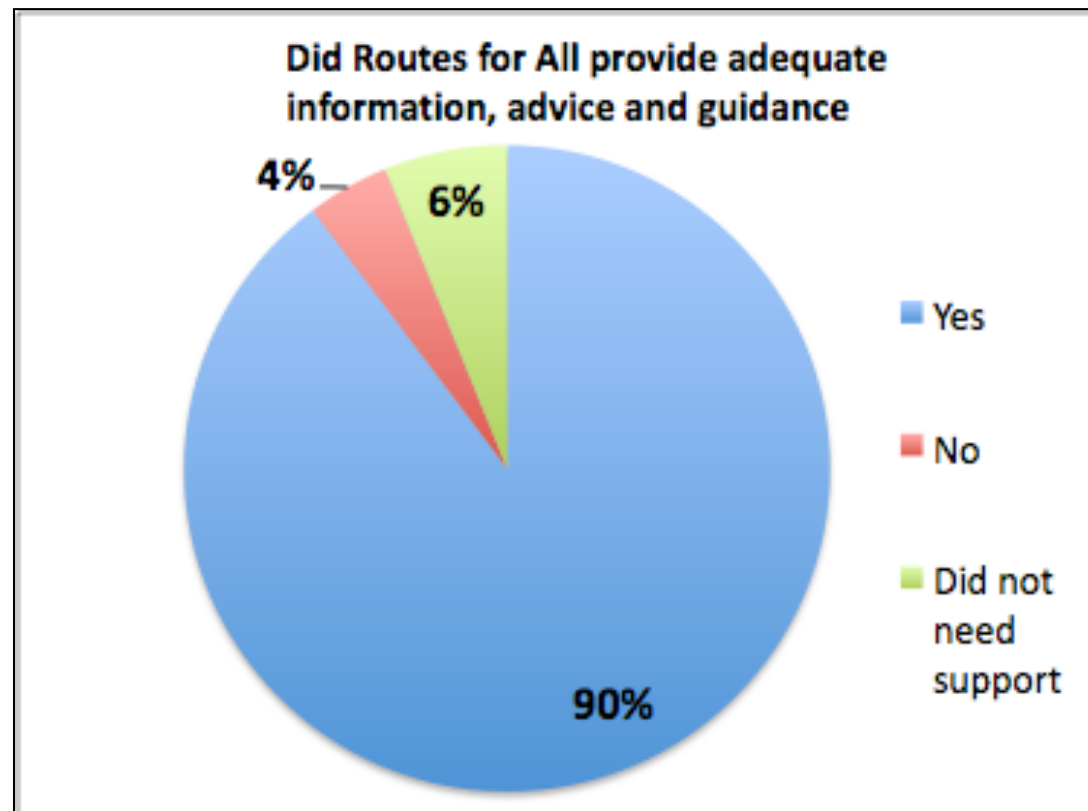
- Around **600** pupils were registered on the **Routes for All** Programme. This comprised of **475** S5 pupils and **37** S6 pupils who received the full Routes for All programme. We additionally worked with around **90** S6 pupils on a shortened S6 specific programme.
- 100% of teachers felt the school had benefited in some way from being involved and 91% percent of pupils gave the delivery and content of the programme an overall positive rating.



- Of the pupils that attend **Routes for All** sessions teachers felt that they were more confident, more aware of the demands of Further Education and progression thereafter, knew more about different learning styles and were more prepared for interviews and exams.



- Pupils were given advice, guidance and support throughout the programme and 90% of pupils felt they received adequate support



What teachers & pupils said about Routes for All:

- "I think the pupils involved enjoyed the interaction with college lecturers/ students." – **Bellshill Academy**
- "I think they have further developed and enhanced pre-existing skills" – **St Andrews Secondary**
- "I think it has been a good experience for the pupils and would hope we could participate in the programme next year." – **St Margaret Mary's**
- "Really interesting programme." – **Doon Academy**
- **Goal Setting** – *'helped me realise my goal'*
- **Exam Preparation** *'good advice on how to study'*
- **Communication** – *'learned how to communicate better'*
- **Exam preparation** – *'don't panic as much as now I feel prepared'*
- **Application and Interviews** – *'interesting, helped'*
- **Goal Setting** – *'helped with future plans'*

Routes for All

Thanks for listening & taking part!

Any Questions?

